

# Hutchins Street Square Senior Center & Pool September 2009

The Senior Follies have Returned !!!!

The Date: Sunday, October 25th

The Time: 2pm

The Place: Charlene Powers Lange  
Performing Arts Theater-Hutchins Street Square



Showcasing the most talented group of young at heart seniors this side of the Sierras. Singing, dancing and who knows what else...You do not want to miss it! Get your tickets at the HSS Box Office.

"Superb entertainment"



5 Stars!!!!!!

This group  
should be on  
Broadway

Stunning!

Never a dull  
moment!

Well Worth the  
price of admission

UOP School of Pharmacy will be presenting two workshops in September at the Square.

**On Tuesday, Sept. 8th: Medication Use & Misuse.** Are you sure you are taking your medications correctly? Would you know and recognize the side effects? This program covers prescription drugs, OTC drugs, vitamins-minerals and herbal remedies.

**On Thursday, Sept. 17th: Osteoporosis & Falls Prevention Screening.** This program screens participants for their risk of osteoporosis and their risk of having a fall.

Both programs will be in the Cottage Room from 2- 4 pm. And *Free* to Senior Citizens.

### Pool Schedule Changes

Be sure to pick up the new pool schedule as there are some changes on it. For instance: Year round swim lessons, swim lessons for Adults, private party rentals, more lifeguard training classes, pool volley ball competitions, plus many more fun activities for the entire family! But, don't worry, all your favorite classes and activities are not going anywhere!

For more information check out the website: [www.hutchinsstreetsquare.com](http://www.hutchinsstreetsquare.com) or call Parks & Recreation 333-6800, ext.2452

The Pool has some new faces: New Lifeguard/Instructors - Katie Ramsey and Elsa Hillstrom. New Instructors - Kelly Apley, Kelley White-Keagy, Andrea Bryant and Hilary Aman.

### UOP Partners in Part D Program

Open enrollment for Medicare prescription plans begins Nov.15th. The UOP School of Pharmacy will again be at the square on Nov.16th to help you find the best and least expensive Part D prescription drug plan. At this time, you may add, drop or change your prescription drug coverage. Seniors can also get assistance in applying for the low income subsidy.

Mark this date on your calendar: Monday, Nov.16th Cottage/Pisano Rms

Adult Computer Classes will be starting up soon. We have a new instructor. Please call or drop by the center to pick up a new schedule of classes and to sign up. 369-6921

The Senior Center & Pool will be closed on Labor Day, Monday Sept. 8th  
The Senior Center will be closed on Friday, Sept. 25th for Furlough Friday.  
The Pool will be open on that day.

**SERVICES** for information on any of these services, please call [369-6921](tel:369-6921)

#### Blood Pressure

1st Friday of month 8:30 –10 am

#### Paralegal Appointments

2nd & 4th Thursday of month 1pm

By Appointment

#### Bereavement Group

2nd & 4th Wednesday of month 11am

#### Peer Counseling

Daily by Appointment

#### HICAP

#### Health Insurance Counseling

Daily by Appointment Call: 334-9608

#### Caregiver Support Group

2nd Wednesday of month 4:30

#### Adult CPR Training

1st Tuesday of month 5:30-9:30

Register in advance Call 369-6921

#### Brain Builders

Every Thursday 9:30 –12:30 Call 369-6921 or

369-4443 to register. Per class fee: \$25.00

- The Memoirs Writing Group returns Tuesday, Sept. 8 at 1pm.
- Still looking for people interested in playing or learning to play backgammon.

Pinochle  
Mon. & Fri. Noon

Knitting  
Fridays 10 am

Chess  
Thursdays 1 pm

Used Book Library  
Available Mon — Fri



# September

## 2009



Sun

Mon

Tue

Wed

Thu

Fri

Sat

		1 Adult CPR Class 5:30 -9:30 pm	2	3 Chess 1pm	4 Blood Pressure 8:30-10am  Knitting 10 am Pinochle noon	5 Pool Open
6	7 <i>Labor Day</i> <i>Senior</i> <i>Center/Pool</i> <i>Closed</i>	8 Writer's 1pm  UOP Pharmacy: Meds Workshop 204 pm Cottage Rm	9 Bereavement Grp 11 am  Caregiver Support Grp 4:30	10 Chess 1pm Legal 1-4 pm	11 Knitting 10 am Pinochle noon	12 Pool Open
13	14 Pinochle noon	15 Writer's 1pm	16	17 Senior Citizen Commission Mtg 8 am  Chess 1pm  UOP Pharmacy: Fall Prevention 2-4 pm Cottage Rm	18 Knitting 10 am Pinochle noon	19 Pool Open
20	21 Pinochle noon	22 Writer's 1pm	23 Bereavement Grp 11 am	24 Chess 1pm Legal 1-4 pm	25 Furlough Friday Senior Center Closed Pool Open	26 Pool Open
27	28 Pinochle noon	29 Writer's 1pm	30			

# Hutchins Street Square Senior Center & Pool Staff

Senior Center Director - Ann Areida-Hintz  
Administrative Clerk - Debra Blankenship

HICAP (Health Insurance Counselors)  
Jackie Healy    Carol Hoffheinz

## The Pool Crew

Aquatics Coordinator - Kim McClelland

### Instructors/Lifeguards

Eden Young    Anthony Enos    Karen Gribaudo  
Eddie Wong    Katie Ramsey  
Elsa Hillstrom    Kelly Apley    Taylor Edwards  
Kelley White-Keagy    Andrea Bryant  
Patricia Moore    Hilary Aman    Jen Young

## August Volunteers

Mas Kinoshita    Tom Sullivan    Laura Chandler    Trudi Rouse  
Gene Gorman    Becky Russell    Darlene Blair    Iva Knoefler  
Terri Lavotti    Winifred Mitchell    Ramona Wright    Patty Smith  
Len Jurgensen    Karen Stoddard    Leo Simpfenderfer

**Hutchins Street Square Senior Center & Pool**

125 S. Hutchins St. Lodi, Ca. 95240

209-369-6921    [www.hutchinsstreetsquare.com](http://www.hutchinsstreetsquare.com)